

FISIO SPHERE

Hotel Bellavista - Restaurant



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LA TUA DEEP BEAUTY EXPERIENCE STARTS HERE

SPA
BELLAVISTA

FISIO SPHERE

MENU

THE TREATMENT BECOMES RITUAL

- A SLOW SCAN OF THE TIME in a unique environment, between soft lighting, soothing sounds and delicate fragrances, where every gesture gives feelings of pleasure and well-being
 - To accommodate, MANUAL EXPERT caress the back, nape of the neck and shoulders in a enveloping embrace that release the tensions and thought
- PRECIOUS ALCHEMY OF AROMATIC ESSENCES enclose in a few drops the beneficial properties of the plant world, for prepare the skin, restore beauty and satisfy the senses
 - Creamy masks and relaxing massage gestures pamper your skin while a silk cushion protects eyes from the light.
It's the active phase of extreme effectiveness IN A TIME OF TOTAL RELAXATION AND ABANDONMENT
- An extended massage of leave enhances the beauty and emotions, awakens the senses and infuses harmony. As a RITE OF REBIRTH, the breath of freshness, energy and vitality

INFORMATION

Inform your esthetician if you have any special medical problems, allergies, if you are receiving medical treatment or if you are pregnant.

RESERVATIONS AND EVENTS

It's advisable to arrive with an advance of at least 30 minutes to relax in the appropriate environments and deal with such treatments in an optimal state of relaxation.

Please cancel the appointment at least 3 hours before the scheduled time. Otherwise 50% of the cost of treatment will be charged.

EQUIPMENT

Bathrobes, towels and slippers are supplied . It is not expected to supply Swimsuit: it is there fore advisable to bring your own to wear in the wet area.

GIFT VOUCHER

They are an ideal gift: they are available for one or more treatments rituals.

SPECIAL OCCASIONS

In the sign of relaxation and pleasure, guests can choose to celebrate occasions such as birthdays, hen and bachelorette or other in a particularly refined and elegant environment.

OPENING HOURS

Every day from 9 to 20.

Access to the wet area is not allowed for people under 18 years

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BEAUTY RITUALS

SPA MANICURE

🕒 : 45 minutes _____ € 25

A real cuddle for your hands. All our attention in an accurate manicure, followed by a highly moisturizing massage. For a soft, bright and silky skin.

SPA PEDICURE

🕒 : 60 minutes _____ € 30

A moment of relaxation and pampering for your feet. All our attention in a thorough pedicure, followed by a highly moisturizing and relaxing massage.

BEAUTY SERVICES

HAIR REMOVAL _____ da € 15 a € 40

MANICURE _____ € 10

FRENCH MANICURE _____ € 15

PEDICURE _____ € 15



FOR HIM

FACIAL CLEANSING BALANCING RITUAL

 : 60 minutes _____ € 55

Extraordinary treatment by purifying and rebalancing property. Excellent at all times of the year, renewing tissues giving an immediate freshness and radiance to the skin.

BODY SMOOTHING RELAXING RITUAL

 : 60 minutes _____ € 50

A leisure break for a renewed well-being of the body. Exfoliating, shaping and relaxing at the same time, this treatment combines the cosmetic properties of the active ingredients used the whole effectiveness of skilled manual decontracting for a more toned body and a skin fresher and smoother diance to the skin.



TREATMENTS FACIAL

FISIOSPHERE FACE

FISIOSPHERE FACE provides highly personalized treatments. So the rituals dedicated to the face are characterized by the synergy alchemical of pure essential oils, complex functional, trace elements and ingredients able to stimulate beta-endorphins, the molecules of pleasure.

TAILORED COSMETIC SPECIALTIES mixed together by the most qualified beauticians' expert hands FOR AN 'OPTIMAL EFFECTIVENESS ON THE SKIN, ON THE EMOTIONS AND THE SENSES.



LUXURY EXPERIENCE

SENSORIAL LONGEVITY CREAM BLACK DIAMOND BODY CREAM

The new line of high-end products that encompasses all the exclusivity, excellence and the multi-sensory of the FioSphere world.

Dedicated to the welfare of the world's most exclusive and high-end SPA.

An unique emotion to stimulate the senses and bring them in harmony

BLACK DIAMOND, PRECIOUS BEAUTY ALLY

Always evokes luxury and purity, to enhance the charm and personality of each woman. Preciousness, brightness and transparency for a unique beauty and a total satisfaction of the senses.

PRESTIGIOUS TEXTURE FOR PLEASURE WITHOUT END

A sumptuous cream, extremely soft and pleasantly rich by the pure and brilliant color. To massage long, drifting by the pleasant fragrance notes and the sensuality of texture.

INNOVATIVE FORMULA BY THE ACTION ANTI AGE

Effective and cutting-edge cosmetics to combat the signs of aging and skin smoother and more silky. Exclusive formula to act from within on the cellular longevity of tissues.



HYDRATING RITUAL

🕒 : 60 minutes _____ €55

Dedicated to the skin that needs more moisture, the skin naturally dried or dried up by daily aggressions of the climate and the environment. Provides intensive hydration to the skin and new turgor, with soft and enveloping textures, rich in extract of leaves of baobab.

ANTI AGE RITUAL

🕒 : 60 minutes _____ €60

Ideal for skins marked by time, perfect to soften wrinkles and expression lines also on younger skin. A special patch to pure collagen, soaked in a precious serum with excellent anti-aging properties, allowing an intense smoothing action on the skin. "Lifting" effect.

PURIFYING RITUAL

🕒 : 60 minutes _____ €55

For skins with impurities, oily appearance and imperfections. Fine powder of rice starch and a innovative active complex with antiseptic property regulate the production of sebum, eliminate the effect polished and refine the grain of the skin, giving purity and opacity to the face.

SOOTHING RITUAL

🕒 : 60 minutes _____ €55

Dedicated to the most sensitive skin, reactive and intolerant. Ideal when the skin is proved by the sun, cold, wind, or when it showed the need to restore calm and brightness. Soothes the inconvenience caused from irritation, reduces redness and gives an immediate feeling of freshness.



AROMATIC RELAXING MASSAGE

🕒 : 50 minutes _____ € 50

The extraordinary power of the relaxing aromatic fragrances and pure plant oils evoke emotions positive and give the skin the softness of silk.

MASSAGE WITH SHELLS

🕒 : 50 minutes _____ € 50

Natural sea shells are extremely effective to perform relaxing, decontracting and draining manual massage.

LYMPHATIC DRAINAGE MASSAGE

🕒 : 60 minutes _____ € 55

A gentle massage that eliminates toxins and improves circulation. Suitable for cellulite and water retention

RELAXING MASSAGE

🕒 : 30 minutes _____ € 35

RELAXING MASSAGE WITH TAGUA SEEDS

🕒 : 50 minuti _____ € 50

Hot massage and energy-seed Tagua and orange essential oil with soothing touches, for facilitate the downloading of the tensions.

CALIFORNIAN MASSAGE

🕒 : 60 minutes _____ € 60

The Californian massage consists in wrap and shape the body as a whole with fluid and lighter movements alternating with slow and gentle movements as if the hands perform a harmonious choreography on the body.

CUPPING

🕒 : 60 minutes _____ € 65

It 'a massage technique able to change the energy flow, restoring the balance of our body. Gives an immediate sense of well-being, relaxation and lightness, which is due to its purification action of stasis that are reactivated and recirculated in the system by activating the lymphatic drainage.

HOT STONE MASSAGE

🕒 : 60 minutes _____ € 65

The Hot Stone Massage is practiced with lava stones. It gives a feeling of comfort, calm and relaxation. It has an excellent Relaxing and revitalizing power.

ART OF MASSAGE

WISE MANUAL to give under an experience of TOTAL CONTACT, wrapping the body with all the effectiveness of selected active ingredients.



DRAINING MASSAGE

🕒:30 minutes _____ € 35

Crafts expert wrap around the face, neck, décolleté and shoulders in a succession of moments dedicated to the stimulation of microcirculation and the relaxation of muscle spasms, cause of swelling, minor defining traits, and the accumulation of toxins. Blends of pure essential oils, selected according to different needs, enhance the effectiveness of each gesture.

TONING MASSAGE

🕒:30 minutes _____ € 35

To restore vitality to the face and enthusiasm to mind. unique gestures, highly accurate, slide the skin, the muscles and tissues in a deep massage that reshapes and relaxes the features and gives energy to the skin to restore elasticity and firmness. Invigorating Aromatic essences pop up the mood of the skin, so the signs of aging and expression lines are reduced and the face regains its natural splendor.

EYE CONTOUR RITUAL

🕒:30 minutes _____ € 40

To restore vitality to the face and enthusiasm to mind. unique gestures, highly accurate, slide the skin, the muscles and tissues in a deep massage that reshapes and relaxes the features and gives energy to the skin to restore elasticity and firmness. Invigorating Aromatic essences pop up the mood of the skin, so the signs of aging and expression lines are reduced and the face regains its natural splendor.

FISIOSPHERE
THALASSO SPA FACE

RITUALS OF WATER,

ESSENCE OF BEAUTY
AND DEEP WELLNESS



THALASSO EXFOLIANT RITUAL

🕒 :50 minutes € 45

Natural loofah sponges cleanse the body, renew and free from impurities. A long massage, first exfoliating with salt crystals and essential oils, then with a silky cream rich in marine algae, relaxes the senses and leaves skin smooth and transparent.

THALASSO DRAINING RITUAL

🕒 :60 minutes € 55

A precious extract of seaweed from Britain and a mixture of mud and pure salt crystals act to keep away liquids that remove harmony to the silhouette. A massage with natural shells enhances the benefits of gestures to activate.

THALASSO DERMA-REDUCING RITUAL

🕒 :60 minutes € 55

A warm mousse, soft and creamy, with a concentration of algae is applied to the skin to encourage the reduction of fat deposits. Crafts enveloping reshape the forms and leave the skin perfectly smooth.

FISIOSPHERE
THALASSO SPA BODY

RITUALS OF WATER,

EMOTIONAL
EXPERIENCE
OF REGENERATION
AND REVIVAL
OF THE SENSES



THALASSO SPA FACIAL

The beneficial properties of the marine world enclosed in special rituals of facial beauty, rich in marine active substances and minerals in their purest form. Only for sensory pleasures, functional quality and effectiveness. True essence of beauty and wellness. Before the two Thalasso rituals a step of micro-dermabrasion natural cosmetic is performed to detoxify and cleanse skin thoroughly. A soft mousse rich in seaweed extracts is applied with delicate touches while fine powder of oyster and sea salt of high purity, in a velvety scrub, give the face smoothness, transparency and brightness.

THALASSO OZONE PROTECTION RITUAL

🕒: 60 minutes € 55

The energy of the sea against the effects of ozone pollution, harmful substance causes oxidative stress and dull. A serum ultrasoft rich in marine active ingredients, along with a soft mask, applied with a special brush and gestures of a relaxing massage, wrap the skin so that the recovery of energy as a protective fluid silky brightens the complexion. Thus, the complexion is rosy and the éclat is more radiant

THALASSO OZONE PROTECTION + EYE CONTOUR RITUAL

🕒: 60 minutes € 60

The treatment is completed with ultrafresh patch for eye contour releasing water and Phycojuvenine™, seaweed adaptogen that can enhance cellular oxygenation and increase the production of collagen. For an immediate tightening effect and effective anti-aging action.

THALASSO OXYGENATING RESTRUCTURING RITUAL

🕒: 60 minutes € 60

From the depths of the sea, a ritual where the skin is given a new breath and a more youthful, smooth and compact look. An oxygenating serum ultralight brings to the face and around the eyes seaweed extracts rich in active minerals, while a mask in fresh patch with intense moisturizing and anti-aging action gives a tightening effect immediately visible along with delicate craftsmanship liftanti, in a break of pure pleasure.



DELIGHT OF RICE POLYSENSORIAL TREATMENT

🕒: 60minutes _____ € 61

Heady fragrances relax the mind while the body finds the harmony of forms. Hot rice, wrapped in bundles of linen and cotton, exfoliates and massages the body providing nourishment and elasticity along with precious plant extracts by slimming properties.

DELIGHT OF RICE POLYSENSORIAL TREATMENT WITH RICE ROLLS

🕒: 60 minutes _____ € 61

A delicate milk cream and rice wrapped in hot bundles of flax cleanse and gently exfoliate the skin. A wrap-around oil and bundles of cotton silky finish the ritual with a deep, relaxing massage, a soft, glowing skin.

WHITE ENERGY POLYSENSORIAL BODY TREATMENT

🕒: 60minutes _____ € 57

Mousse soft as cream, tasty and transparent jellies, crunchy granola and creams with delicious fragrances. A treatment that tones and tightens the skin of the entire body, leaving it very smooth, thanks to cosmetic yogurt, honey and sugar crystals.

WHITE ENERGY POLYSENSORIAL BODY AND FEET TREATMENT

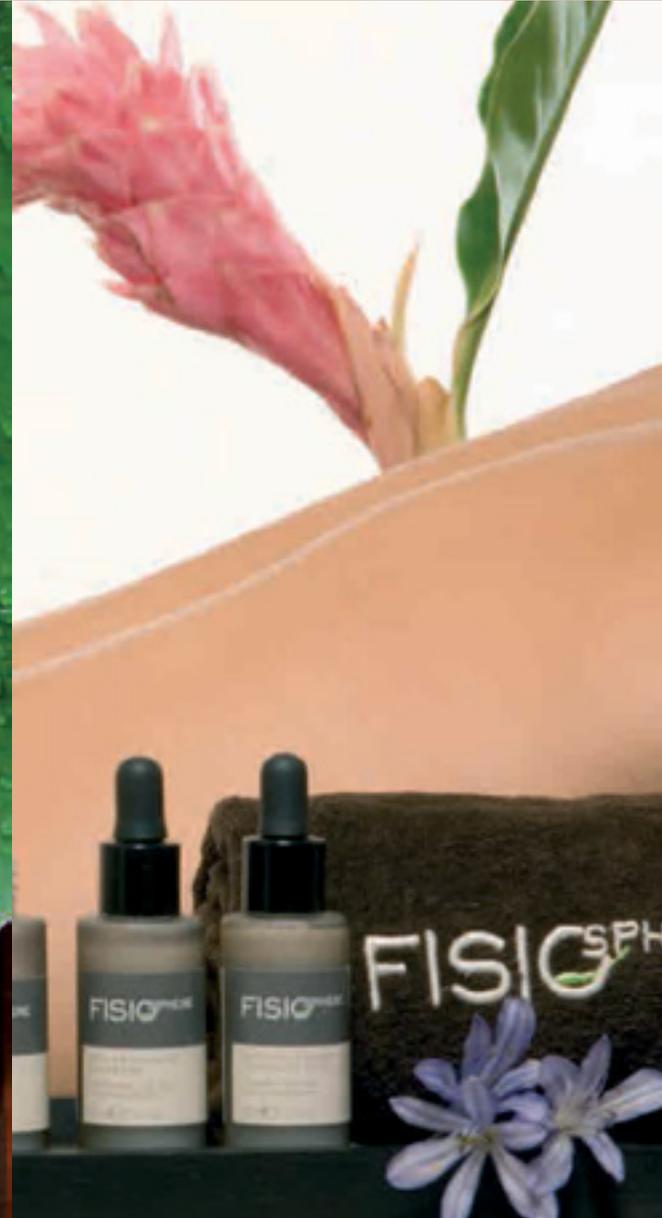
🕒: 60 minutes _____ € 79

A complete treatment that pampers and nourishes the body and feet. Cosmetic exfoliation with yogurt and muesli cleanses and prepares the skin, yogurt and jelly for the body and yogurt and honey to make your feet extreme softness and nourishment to the skin. Finally, one last touch gives the skin the extraordinary effectiveness and sweetness of the yogurt with a wrap-around massage.

NATURAL RITUALS
THE ARMONY OF THE SENSES



BODY TREATMENTS



FISIOSPHERE BODY

FISIOSPHERE BODY offers personalized treatment solutions because each individual is unique and has different needs of beauty and wellness. So the rituals dedicated to the body arise from the mixing of customized exclusive alchemy of essential oils and functional complexes, special antioxidants and substances that stimulate beta-endorphins, molecules of well-being.

EMOTIONAL PATHWAYS FOR THE BODY AND HARMONY OF OPTIMAL EFFICACY. To feel good. To relieve stress and emotions from the skin.



EXFOLIANT RITUAL

🕒: 30 minutes

€ 45

Gently cleanses the skin with sea salts and apricot pits enriched with precious essential oils. The result is a soft, velvety and regenerated.

RITUAL OF LIGHTNESS

🕒: 60 minutes

€ 55

Selected essential oils and antioxidants, along with a soft mask, eliminate stress from your skin. Brushes made of natural fibers and wood purify and brighten the skin for maximum effectiveness of action on bearings and orange peel.

BALANCE OF FORMS

🕒: 60 minutes

€ 60

Sweet gestures eased tensions and contractures. Fine powder of apricot stones and sea salt free the skin from impurities and toxins while a cream pack promotes the reduction of fat deposits.

ARMONIA TONIFICANT

🕒: 60 minutes

€ 55

Rhythmic manual, along with exfoliants specialty purify and revitalize the skin of the whole body. Soft cotton towels, warm and fragrant, wrap your feet as soft masks restore tone and firmness to the skin.